



SIMPLE SKINNY DRESSING

Makes 8 servings of 2 Tbsp (each serving would include 2 tsp olive oil).
You can add more water to decrease oil.

Ingredients

- 2/3 cup apple cider vinegar
- 1 cup fresh cilantro
- 1/3 cup olive oil
- salt and pepper to taste
- the juice of 1 lemon (or lime)
- 3 Tbsp dijon mustard

Directions

Simply put all ingredients in a mason jar and shake!

Notes

Options

- this can make a great marinade or dip too. Add more or less water to thicken or thin it out.
- Can store in your fridge for up to two weeks.