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# CUCUMBER & TOMATO SALAD

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Entire Recipe is aprox 7 cups of vegetables

## Ingredients

- 2 large cucumbers, chopped
- 1 cup cherry tomatoes, halved
- 1 onion (red or yellow), chopped
- 1 Tbsp olive oil
- 1 tsp apple cider vinegar
- 1 ½ tsp fine sea salt
- ¼ tsp pepper

## Directions

In a large bowl combine all ingredients and mix well. This stores well for leftovers.

## Notes

### Options

- try it tossed in the cilantro garlic salad dressing
- you can easily add a bag of fresh cauliflower rice